

Novel Coronavirus (COVID-19)

Vaccine Announcement ②

The vaccine is **FREE!**



Start of vaccinations for those aged 59 years and under

Ota City has been working hard to send vaccination tickets out to everyone so that those who desire to receive the vaccine may do so as soon as possible. As of mid-July, the eligibility for the vaccine has been expanded to cover everyone, with vaccination reservations becoming available for everyone (for the schedule, please check overleaf).



Recent information about the vaccine can be found on the Ota City website.



The vaccination ticket will be sent to eligible persons individually in an orange colored envelope. Please check the recent information on the city website and make your reservation accordingly. If you have not received the envelope, please contact the Ota City Novel Coronavirus Vaccination Call Center. (☎03-6629-6342)

Vaccination ticket is required for reservations

Please pay attention to the type of vaccine!

In Ota City, the Pfizer vaccine has been provided for group vaccinations and individual vaccinations at medical institutions. From July, as well as the Pfizer vaccine, the Takeda/Moderna vaccine has also started to be issued at group vaccination venues.

The space between vaccinations varies depending the vaccine type

Pfizer	Leave <u>3 weeks</u> between vaccinations (2 nd dose possible after the same day 3 weeks following the first)
Takeda/Moderna	Leave <u>4 weeks</u> between vaccinations (2 nd dose possible after the same day 4 weeks following the first)

●2 vaccinations of the same vaccine

To receive the benefits of the vaccine, you must receive 2 doses of the same vaccine type. Please be sure that both reservations are for the same vaccine.

●Vaccine for 12 – 18 year olds (based on the age on the day of the vaccination)

12 year olds and up are now eligible for the vaccine (until now, only those aged 16 and up were eligible)

What vaccine can you get?

Those aged 12 - 17	Pfizer
Those aged 18 (※)	Pfizer, Takeda/Moderna

※If you received Pfizer as your 1st dose of the vaccine before turning 18, your 2nd dose should also be Pfizer.

About vaccines for 12 – 15 year olds

Possible venues Group : See Vaccination Venues for Pfizer (overleaf)
Individual : See the Ota City website

Venues for individual vaccinations for 12 – 15 year olds are limited.

A guardian's signature is required on the preliminary examination form. As a general rule, those under the age of 15 must be accompanied by a guardian. However, depending the vaccination venue, those who are junior high school aged and above may be able to receive a vaccine without an accompanying guardian as long as the guardian's signature and emergency contact information is provided on the preliminary examination form. Please check before reserving.



▲ About Individual vaccination venues

Those turning 12 this fiscal year

The vaccination ticket will be sent the week following the day in which you reach the age of eligibility. Once it arrives, you can make a reservation. Vaccination tickets have been sent to those who turned 12 before June 30.

For Elderly persons (65 years and up)

- For those who have received the 1st dose, but not reserved the 2nd
- For those who wish to receive a vaccine but can't make a reservation



Contact the Ota City Novel Coronavirus Vaccination Call Center (☎03-6629-6342)

Vaccination Reservation Schedule (For venues booked through the Ota City reservation system, and Ota City Novel Coronavirus Vaccination Call Center)

Now accepting reservations in turn until the end of September, with priority given to teens, so they may receive the vaccine during the summer holidays, and those in their 20s and 30s, the group with the highest number of infection.

Who is eligible?	Reservation start date
Those aged 12 – 18 years	Accepting reservations (Under 17s may only get Pfizer. Those aged 18 years old on the day of the first vaccination may also choose Takeda/Moderna.)
Those aged 18 – 39 years	Reservations open from July 14
Those aged 40 – 59 years	Reservations open from July 20
Those aged 60 years, those with underlying medical conditions or are in institutions for the elderly etc. (prior application required)	Accepting reservations

※Age as of March 2022. Reservation date information as of July 9.

Venue Types (So that as many people can get vaccinated as possible, please make use of Workplace Vaccinations if you have the chance)

City-run Vaccination Venues

■ Group City facility etc. (See below)

Vaccine type

Pfizer, Takeda/Moderna (varies depending venue)

How to reserve

- Online (Ota City Reservation System)
- Telephone (Novel Coronavirus Vaccination Call Center)

■ Individual City medical institutions (around 260)

Vaccine type

Pfizer

How to reserve

- Online (Ota City Reservation System)
 - Telephone (Novel Coronavirus Vaccination Call Center)
 - Direct reservation at medical institution (Phone / in-person etc.)
- Varies depending medical institution, so be sure to check the city website.



▲
Group
Vaccinations



▲
Individual
Vaccinations

Vaccination Venues not run by the City

■ Workplace Vaccinations

Vaccinations held at your place of work / study etc.

Vaccine type Takeda/Moderna

■ Mass Vaccinations

Vaccinations held at the SDF Tokyo Mass Vaccination Centers.

Vaccine type Takeda/Moderna

It is currently difficult to secure a reservation (as of July 9). For new information, check the SDF Tokyo Mass Vaccination Center's reservation website.



▲
Reservation
Website

※As there is predicted to be a fluctuation regarding venues for vaccination tickets for those under 59 years old, the list of venues has not been attached. Please check on the city website for new information.

Group Vaccination Schedule (As the vaccine supply from hereon is still undetermined, there are changes from the initial venues) .

The type of vaccine available varies depending on the venue. Please be sure to check when making a reservation.

Vaccine type	Venue	Address	July	August	September
Takeda/Moderna	Canon, Inc. Shimo-Maruko Gymnasium	3-29-14 Shimo-Maruko		Starts July 12	
	Industrial Plaza	1-20-20 Minami-Kamata		Will start August 10	
Pfizer, Takeda/Moderna	Ota City Residents Hall (Aprico)	5-37-3 Kamata		From August, will change from "Pfizer" to "Takeda/Moderna"	
Pfizer	Ota City Residents Hall	3-1-3 Shimo-Maruko	→		
	Rokugo Community Activities Promotion Center	2-44-11 Naka-Rokugo			
	Kogakuin (NEEC) Gallery Kotori	5-23-22 Nishi-Kamata			

The vaccination slots and venues from October will be decided according to the vaccine supply.

Takeda/Moderna



Pfizer



※Vaccinations at Area Offices (Omori, Chofu, Kamata, Kojiya/Haneda), Minemachi Meeting Room, Ikegami Hall are due to end at the End of July. This schedule is as of July 9.

How to reserve: make reservations smoothly online

Group vaccinations and a portion of medical institution reservations can be made online (Ota City Reservation System) and by phone (Ota City Novel Coronavirus Vaccination Call Center). The call center line is often very busy and can be difficult to connect, so the online reservation system is comparatively much smoother. Please use the online reservation system.

You can reserve both doses at the same time. Be sure to reserve the same vaccine type.



Online reservation Ota City Reservation System
<https://v-yoyaku.jp/131113-ota>



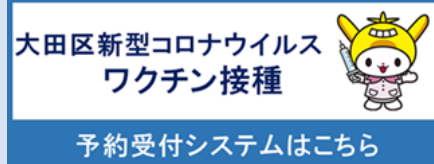
◀ For reservations

How to access from the Ota City website

① Search in Japanese “おおたく わくちん よやく大田区 ワクチン 予約”

大田区 ワクチン 予約 Search

② Click on the search result which says “予約方法と接種会場について”



③ Click on the image (like the right)



Watch a video about reserving via smartphone on the Official Ota City Youtube channel



Phone reservation Ota City Novel Coronavirus Vaccination Call Center

Japanese 03-6629-6342 8:30 - 17:15 (Mon - Sat)

Other 03-6436-4731 8:30 - 17:15 (Mon - Sat)

Information about the vaccinations is also being posted on the Ota City Twitter and LINE. Please follow / add us as a friend.

Be careful to avoid duplicate reservations

If duplicate appointments are made, vaccines will end up going to waste. If you have made a duplicate appointment by mistake, please cancel the appointment as soon as possible.

Please complete any changes / cancellations by 2 days before the reservation

Please complete any changes / cancellations on the “Ota City Reservation System” by 2 days before the reservation. (Also accepting changes/cancellations via the Ota City Novel Coronavirus Vaccination Call Center)

For individual vaccinations booked directly with medical institutions, mass vaccinations and workplace vaccinations, please contact the place where you initially made the reservation.

Those who contracted COVID-19

Even if you previously contracted the novel coronavirus (COVID-19), you can get the COVID-19 vaccine.

You may have to leave some space between getting the vaccination after having the illness / getting better. If you don't know when you can get the vaccine, ask your general practitioner (doctor).

In case of earthquake / flood

Group vaccinations may be cancelled in the case of an emergency.

In the case of cancellation, information will be posted on the City website, Twitter, LINE etc.

Please bring the following 3 things with you

- Vaccination ticket
- Filled-out preliminary examination form
- Identification documentation (ID)

(Resident card, driver's license, health insurance card etc.)

※Please wear clothes with easy access to your upper arm / shoulder.

Don't forget the date/time!



Memo space

1st dose : / () From :
Venue : _____ (Type: _____)
2nd dose : / () From :
Venue : _____ (Type: _____)

※There is no waiting space on the day. Please come to the venue for your reserved time.

Tell me!

About the COVID-19 Vaccine

● What are the side effects?

Side effects are reactions to the vaccine. It is said that the 2nd dose of the vaccine causes stronger side effects than the 1st dose.

When do they appear?

The side effects usually appear 1 – 2 days after receiving the vaccine, but in most cases you will recover in just a few days.

Just in case, it is advised to leave your schedule free the day of and following day of the vaccination.

What are the symptoms?

Mainly arm pain / muscle pain, tiredness, headache, fever and chills. If necessary, please take an antipyretic (to reduce your fever) and see how you feel.

When to contact a medical institution

- If your fever doesn't go down even after 2 days following your vaccination
- If your symptoms are extreme etc.

Contact number for if you have any problems after the vaccination

Tokyo Novel Coronavirus Vaccination Adverse Reaction Consultation Center

☎03-6258-5802

(available 24 hours, including weekends and national holidays)

● What is Anaphylaxis?

Anaphylaxis refers to a type of allergic reaction which occurs in a short amount of time after putting a certain medicine or food into your body. It doesn't only happen with this specific vaccine, but with a variety of medications and vaccines.

Symptoms

Skin rashes like hives, digestion related symptoms like abdominal pain and vomiting and respiratory symptoms like difficulty breathing

Anaphylactic shock

Refers to a state in which on top of the above symptoms, there is also a drop in blood pressure or in level of consciousness

In case of emergency

Vaccination venues and medical institutions are prepared with the necessary medical supplies etc. needed in the case someone goes into anaphylactic shock. So that doctors can properly attend to you in such case, you are required to wait 15 to 30 minutes after the vaccination.

● What is the benefit of the vaccine?

Vaccine's Preventative Effect Against COVID-19 (2 doses) Approx. **95%**

Pfizer approx. 95% (※), Takeda/Moderna approx. 94% (※)
※Source: MHLW's website "Q&A about COVID-19 Vaccine"

It has been confirmed that those who have been vaccinated have a 95% less chance of getting infected compared to those who have not been vaccinated.

It does not mean that it only effects 95 out of a 100 people.

Message to those getting the COVID-19 vaccine from now



Dr. Tateda Kazuhiro

Toho University Professor
(Dep. Of Microbiology and Infectious Diseases, School of Medicine) / Japan's Infectious Diseases Assoc. Member

With the efforts of many people, the COVID-19 vaccine has started in Japan. It has become clear that the vaccine not only helps prevent the spread and onset of infection, but it also suppresses aggravation of the infection. Further, it is also said to have some effect against other variations which have been a popular topic of concern in recent days.

At the same time, some information has also been reported with regard to side effects. Some people may feel anxious when they hear the words "side effect". However, when you compare the "risks" of receiving the vaccine with the "benefits", it is clear that the latter (the benefits) certainly outweigh the former.

In this issue of *kuhou*, scientific information regarding the effects and side effects of the vaccine being used in Ota City has been summarized in an easy-to-follow way.

Side effects are an immune response which occurs as our body creates antibodies to fight against a virus. Creating these antibodies decreases the possibility of you contracting the infection or passing the infection on to others (including those who aren't vaccinated). It is thought that by getting as many people vaccinated as possible, we will be able to reduce the number of cases throughout the country.

The vaccine is a new and highly effective preventative measure that mankind has been able to obtain in addition to the preventative measures we have been doing up until now. By utilizing this measure well, it is believed we will be able to move one step closer to the life we had prior to the pandemic.



▲ Watch Dr. Tateda's message video here

Audio and Braille versions of this information will be available at the Area Offices, the Disability Welfare Section, and Support pia.

Check the Ota City website for information on the vaccinations

